

MATT GREY



Matt began acting in British television over thirty years ago. He trained at the Guilford School of Acting and Dance and afterwards continued performing in film, television and theatre in the U.K., Australia and occasionally now in Singapore.

In 2000, he acquired a teaching licentiate with Guildhall School of Music and Drama and began to teach voice and speech for actors at across Singapore. Since then Matt has had extensive experience with training Asian and Western actors and acting students.

Matt is also a professional actor and received the Straits Times 13th Life Theatre Best Actor Award for his portrayal of Sigmund Freud in *Freud's Last Session* at the Esplanade 2013.

Brief Overview of Experience and Approaches in

Voice and Speech Training for Actors

Matt currently trains students of Performance and Musical Theatre at LASALLE College of the Arts in Singapore. Here, Matt has had the opportunity to develop an approach that is useful and meaningful to Western and Eastern disciplines.

He has established a comprehensive, systematic and progressive four-year voice-training programme, drawing upon a range of established practices, which supports his own understanding and development of voice and speech training. He combines detailed theoretical knowledge of vocal anatomy and its behaviour with a useful exploration into the relationships between actors' vocal choices as they effect meaning; how a body responds to different circumstances, how this affects the sounds we make, how character and intentions influence these sounds and how these influence character development and therefore contribute to meaning. He believes that this essential investigation is often weak or neglected in voice training. He also believes that solid technique needs to underpin valuable intuitive exploration.

He is familiar with training acting students, who come from diverse cultural backgrounds; who have no intention or desire to sound either British or American but, like all actors, need to make clear, dynamic, expressive and flexible choices.

Through his training, students with no prior experience have developed voices and speech equipped for professional performance around the world. They acquire theoretical and practical knowledge that enables ongoing development and critical self-reflection.